



Only trust the recognized specialist in hand therapy



Certified Hand Therapists

A Certified Hand Therapist is an **Occupational Therapist** or **Physical Therapist** who:

- ▶ has at least 3 years of clinical experience with 4,000 hours or more of specialty experience in hand therapy
- ▶ has successfully passed a comprehensive test of advanced knowledge related to the hand, wrist, elbow and shoulder
- ▶ meets the standards set by experts in hand therapy
- ▶ is dedicated to advancing the profession through research and teaching
- ▶ recertifies every 5 years by either acquiring 2,000 hours of work experience and 80 hours of professional development that may include research, teaching or continuing medical education, or by successful completion of the Hand Therapy Certification Examination
- ▶ is professionally committed to assuring the public that they meet the high standards that the medical community recognizes in the credentials of the Certified Hand Therapist (CHT)

CHTs are highly skilled in evaluating:

- ▶ Wounds & Scars
- ▶ Edema
- ▶ Pain
- ▶ Range of Motion
- ▶ Strength & Endurance
- ▶ Sensibility
- ▶ Activities of Daily Living (or Self Care activities)
- ▶ Work Activities
- ▶ Avocational Activities
- ▶ Sports Activities

Medical conditions commonly managed by CHTs:

- ▶ Wounds & Scars
- ▶ Amputations
- ▶ Arthritis
- ▶ Burns
- ▶ Disease Processes
- ▶ Fractures & Dislocations
- ▶ Sprains & Strains
- ▶ Infections
- ▶ Joint Contractures
- ▶ Nerve Compressions
- ▶ Nerve Injuries
- ▶ Rotator Cuff Injuries
- ▶ Impingement Syndrome
- ▶ Tendinitis
- ▶ Tendon Injuries

The benefits of working with CHTs

- ▶ CHTs stay current in the profession.
- ▶ CHTs have a comprehensive knowledge of the intricate anatomy of the upper extremity.
- ▶ CHTs are familiar with advanced surgical techniques and post-operative programs.
- ▶ CHTs have the clinical expertise to effectively manage injuries and medical conditions of the upper extremity.

Find a CHT in your area.

Visit www.htcc.org,
and enter your
city and state or
zip code.

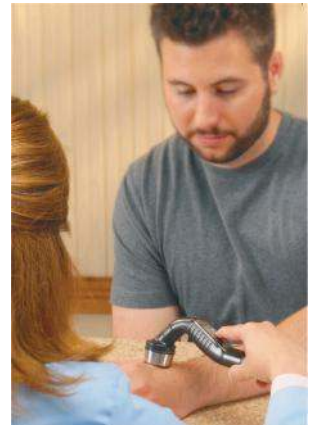


Expect the Best!

Since we use our hands all day long, we want to be assured that we will receive the best care available to recover from any injury, surgery or medical condition of the upper extremity.

The medical profession recognizes CHTs as the experts for upper extremity rehabilitation. CHTs have the highest level of training in the profession for treating the hand, wrist, elbow and shoulder.

Ask for the expertise of a Certified Hand Therapist!



A demand for CHTs

Hand Surgeons look to Certified Hand Therapists to ensure good results after hand surgery.



"Treatment of most hand conditions requires modulation of scar tissue. The good news is that scar sticks tissue together; the bad news is that scar sticks tissue together. The hand is such a compact structure that the margin between good and bad may only be the thickness of a few collagen fibers. The only way for a surgeon to look good in this scenario is to enlist a Certified Hand Therapist to oversee the modulation. CHTs are entirely familiar with the diseases and injuries that I treat. CHTs efficiently and effectively manage my patients' hand rehabilitation."

Dr. Roy Meals, UCLA Hand Surgeon

Insurers look to Certified Hand Therapists to ensure their clients are receiving care from the most qualified individuals in the field.



"Payors want the assurance that they are paying for the best services possible. Since they can not measure the competency of each therapist, they look to credentialing as a means to identify who is qualified to provide services to their clients."

Mary Foto OTR, FAOTA, CCM,
Occupational Therapist, Blue Cross
of California

Savvy consumers look to a Certified Hand Therapist for their care because they know that professional credentials mean qualified people are handling their rehabilitation.



"As a patient who spent 5 months working closely with a Certified Hand Therapist for the reconditioning of my hand following an accident - I can only praise the certification of therapists. When faced with an accident such as I have experienced, I could only have hoped to have the guidance and faith my therapist has given me."

Sarah Barcus-Steinberg

The Hand Therapy Certification Commission

The Hand Therapy Certification Commission (HTCC) is the only organization granting Hand Therapy Certification internationally. The commission is a not-for-profit corporation established in 1989. Its mission is to support a high level of competence in the practice of hand therapy through the development and administration of a formal credentialing program. HTCC is a member of the Institute for Credentialing Excellence, and follows established guidelines for credentialing programs.



HAND THERAPY CERTIFICATION COMMISSION

Hand Therapy Certification Commission, Inc.

Phone: (916) 566-1140 Fax: (916) 922-0210

Email: info@htcc.org www.htcc.org